



Floor Hockey Dribbling Rubric



This rubric will help to grade skill level of students in hockey stick handling. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill and not the end product.

Skill Number	Mechanics and Cues of Skill
1	Basic Skill Level
	<ul style="list-style-type: none"> • Students hands are not properly spread out of their stick • Students eyes are focused on the ball • Student pushes the ball forward and does not move the ball back and forth • Students cannot fully control the ball at all times while moving at full speed • Student cannot change directions at full speed and cannot keep control at all times of the ball
2	Elementary Skill Level
	<ul style="list-style-type: none"> • Students hands are not properly spread out of their stick • Students eyes are focused on the ball • Student slowly controls the ball while moving the ball back and forth or pushes the ball forward • Students cannot fully control the ball at all times while moving at full speed • Student cannot change directions at full speed and cannot keep control at all times of the ball
3	Intermediate Skill Level
	<ul style="list-style-type: none"> • Students hands are spread out of their stick • Students eyes are scanning but more focused on the ball • Student controls the ball while moving the ball back and forth with their stick • Students cannot fully control the ball at all times while moving at full speed • Student can change directions at full speed but cannot keep control at all times of the ball
4	Exemplar Skill Level
	<ul style="list-style-type: none"> • Students hands are spread out of their stick • Students eyes are scanning and not focused on the ball • Student controls the ball while moving the ball back and forth with their stick • Students can fully control the ball at all times while moving at full speed • Student can change directions at full speed and not lose control of the ball